

Please be advised that completing preliminary health and insurance questionnaires does not establish a physician-patient relationship with this practice. The physician you selected will review your health history and conduct an initial evaluation to determine whether the practice will accept you as a patient.

To our patients:

In order to provide you with our full time and attention when you come for an appointment, we would like to ask you to be aware of the following guidelines.

Prescription Refills:

- We are implementing a new state of the art e-prescribing system. This works best if you **call your pharmacy directly for any prescription refills,** even if you have no refills left. The pharmacy will contact us directly to get approval for a refill or new prescription.
- Please plan ahead as most local pharmacies request **2-3 business days** to process prescription requests. Pharmacies will typically give you a 2-3 day supply of any non-narcotic medication if you run out without realizing it and you need time for the pharmacy to process the refill.
- For mail order prescriptions, please contact your pharmacy via their 800 number or website. Please be sure to contact your mail order pharmacy at least two weeks before you will need the refill. If it is necessary for us to complete forms for your mail order pharmacy, please give us three business days to complete the paperwork.
- Many drug plans will not cover brand name medications, or do so at a much higher cost. We are not always able to obtain prior authorizations for your medications. Generally, you can expect to receive generic medications or pay a higher cost if you prefer the brand name drugs.

Walk-in appointments:

• We almost always have same day appointments available for urgent needs. Please call ahead to schedule an appointment instead of arriving at our office and requesting to see the physician. Walk-ins impact our ability to see scheduled patients on time.

Test results:

- We will notify you regarding all lab results either at your appointment or by phone or mail.
- If you have not been contacted with your results two weeks after your appointment, please call our office to follow up.
- Pathology reports, pap smears, and bone density results may take up to four weeks. Please call our office if you have not been contacted after four weeks.
- Please note that if you request lab work prior to your annual appointment, your insurance may not pay for those labs.
- We are happy to provide you with your most recent lab or radiology reports. Please call ahead and we can have that ready for you at the front desk for pick up or mail results to you.



Copies of your medical record:

- If you would like a copy of your complete medical record, we will need a formal request from you, which must be completed in writing and signed by you or your authorized representative.
- Please allow **30 days for medical record requests.** There is a processing charge to release records to yourself. There is no charge to release records from one doctor to another.

Co-pays:

• Our contracts with the insurance companies require us to collect your co-payment prior to your seeing the physicians. Please be prepared to pay this when you arrive for your appointment.

Diagnostic testing:

- Your physician will generally have the report from any diagnostic testing 2 3 days following your test. The radiologist who reads the study will notify your physician if there are abnormal results that require immediate follow-up.
- Most CT scans require insurance pre-authorization if not emergent exam.
- MRI, PET, Nuclear Medicine, sleep studies, cardiac studies, and other diagnostic tests require insurance pre-authorization. You will be referred to outside facilities for these studies. We contact the imaging facility of your choice and the will contact you to schedule an appointment. If you have not been contacted after two weeks, please call our office to request assistance in getting your exam scheduled.

We appreciate you choosing Southern Oregon Internal Medicine for your health care needs.

Southern	Oregon	Internal	Medicine
Southern	Oregon	Inter nar	muulune



A Rogue Valley Physicians P.C. Clinic

NAMELAST FIRST M	IIDDLE NICKNAME
HAVE YOU EVER RECEIVED MEDICAL TREATMENT UNDER ANOTHER N	
IF YES, UNDER WHAT NAME?	
SOCIAL SECURITY # DATE OF BIRTH	H / / GENDER
PHYSICAL	
ADDRESSSTREET ADDRESS	CITY STATE ZIP
MAILING ADDRESS IF DIFFERENT THAN ABOVE	
PO BOX	CITY STATE ZIP
RACE: LANGUAGE H	IISPANIC OR LATINO [] YES [] NO
MARITAL STATUS (CIRCLE ONE) SINGLE MARRIED DIVORC	CED LEGALLY SEPARATED LIFE PARTNER WIDOWE
HOME PHONE EMAIL	CELL PHONE
EMPLOYED: YES NO EMPLOYER	WORK PHONE
SPOUSE INFORMATION:	
	HOME PHONE
NAME LAST FIRST MIDDLE	
DATE OF BIRTH/ SOCIAL SECURITY #	
EMPLOYER WORK PHON	EOCCUPATION
INSURANCE INFORMATION PLEASE PRESENT CURRENT IN	NSURANCE IDENTIFICATION CARD(S) TO RECEPTIONIST.
PRIMARY COVERAGE:	
HEALTH INSURANCE:	Policy # Group #
	DOB / SEX
	RELATIONSHIP TO PATIENT
SECONDARY COVERAGE:	
HEALTH INSURANCE:	
POLICY HOLDER'S NAME	DOB / SEX
POLICY HOLDER'S NAME	DOB / SEX RELATIONSHIP TO PATIENT
POLICY HOLDER'S NAME EMPLOYER MEDICAL TREATMENT RESULTING FROM AN ACCIDE	DOB/SEX RELATIONSHIP TO PATIENT CNT (Please Complete Accident Report)
POLICY HOLDER'S NAME EMPLOYER MEDICAL TREATMENT RESULTING FROM AN ACCIDE I AM RECEIVING MEDICAL TREATMENT AS A RESULT OF	DOB SEX RELATIONSHIP TO PATIENT CNT (Please Complete Accident Report) F AN ACCIDENT: [] YES [] NO
POLICY HOLDER'S NAME EMPLOYER MEDICAL TREATMENT RESULTING FROM AN ACCIDE I AM RECEIVING MEDICAL TREATMENT AS A RESULT OF IF YES, WHAT TYPE OF ACCIDENT? []MOTOR VEHICLE [DOB/SEX RELATIONSHIP TO PATIENT CNT (Please Complete Accident Report)
POLICY HOLDER'S NAME EMPLOYER MEDICAL TREATMENT RESULTING FROM AN ACCIDE I AM RECEIVING MEDICAL TREATMENT AS A RESULT OF IF YES, WHAT TYPE OF ACCIDENT? []MOTOR VEHICLE [INFORMATION FOR PHYSICIAN:	DOB SEX RELATIONSHIP TO PATIENT CNT (Please Complete Accident Report) F AN ACCIDENT: [] YES [] NO] WORK ACCIDENT [] OTHER
POLICY HOLDER'S NAME EMPLOYER MEDICAL TREATMENT RESULTING FROM AN ACCIDE I AM RECEIVING MEDICAL TREATMENT AS A RESULT OF IF YES, WHAT TYPE OF ACCIDENT? []MOTOR VEHICLE [DOB SEXRELATIONSHIP TO PATIENT CNT (Please Complete Accident Report) F AN ACCIDENT: [] YES [] NO] WORK ACCIDENT [] OTHER ONE:RELATIONSHIP:

IF SELF-REFERRED, HOW DID YOU CHOOSE US: [] OUR WEBSITE [] PHONE BOOK [] OTHER_



Southern Oregon Internal Medicine

2900 Doctors Park Drive, Suite 200 | Medford, OR 97504 Phone: (541) 282-2227 | General Fax: (541) 282-2263

HEALTH HISTORY QUESTIONNAIRE

All questions contained in this questionnaire are strictly confidential and will become part of your medical record.

Name (Last, First, M.I.):				DOB:
Marital Status: 🛛 Single 🛛 Partnered	Married	Separated	Divorced	U Widowed
Previous or referring doctor:			Date of Last	physical exam:
Other doctors you see:			How did you	hear about us?

PERSONAL HEALTH HISTORY

Childhood Illne	esses: 🛛 Measles 🛛 Mu	mps 🛛 Rubella 🖓 Chickenpox	Rheumatic Fever Polio
Immunizations & Dates		🖵 Tetanus	Pneumonia
		Hepatitis B	Chickenpox
		🖬 Hepatitis A	
		Zostavax Shingles	Cher Cher
Health Mainten	ance that are recommended for	Colonoscopy Date:	Cardiac Stress Test Date:
screening and e	early identification of common	Have not had test	Have not had test
chronic health p	rodiems.	Triple Vessel Screening Date: (ultrasound aorta, carotid & legs)	Bone Density Date:
		Have not had test	Have not had test
List any medic	al problems that other doctors	s have diagnosed (you can circle common p	problems on the first line)
		teoporosis Heart-disease Thyroid-disease -disease Kidney-stones Osteoarthritis Rh	
Surgeries			
Year	Reason		Hospital
Have you ever	had a blood transfusion?	🛛 Yes 🖓 No	

List your prescribed drugs and over-the-counter drugs and/or nutritional supplements					
Medication Name	Strength	Frequency Taken			
Allergies to medications					
Name of Drug	Reaction You Had				

HEALTH HABITS AND PERSONAL SAFETY								
ALL QUESTIONS CO	NTAINED IN THIS QUESTIC	ONNA	AIRE ARE OPTIONAL	AND V	WILL BE KEPT STRIC	TLY	CONFIDE	NTIAL
Exercise	Sedentary (No exercis	se)						
	Mild exercise (i.e., clin	nb st	airs, walk 3 blocks, g	golf)				
	Occasional vigorous e	exerc	cise (i.e., work or recr	eation	, less than 4x/week for	or 30) minutes)	
	Regular vigorous exer	rcise	(i.e., work or recreat	ion, 4x	/week for 30 minutes	5)		
Diet	Are you following a diet?	lfs	o, which one				C Yes	🛛 No
	# of meals you eat in an a	avera	age day?				•	
	Rank salt Intake		Hi	Ом	edium		.ow	
	Rank fat intake		li	Ом	edium	٦L	.ow	
Caffeine	None		Coffee	🛛 Те	ea		ola	
	# of cups/cans per day?			•	·			
Alcohol	Do you drink alcohol?						C Yes	🛛 No
	If yes, what kind? How many drinks per week?			ek?				
	Are you concerned about the amount you drink?					C Yes	🛛 No	
	Have you considered stopping?					C Yes	🛛 No	
	Have you ever experience	ed bl	lackouts?				C Yes	🛛 No
	Are you prone to "binge"	' drin	iking?				C Yes	🛛 No
	Do you drive after drinkir	ng?					C Yes	🛛 No
Tobacco	Do you use tobacco?						C Yes	🛛 No
	Cigarettes pks/day		Chew - #/day		Pipe - #/day		Cigars - #/	day
	# of years		Or year quit					
Drugs	Do you currently use rec	reati	onal or street drugs?)			C Yes	🛛 No
	Have you ever given you	rself	street drugs with a n	eedle?	?		C Yes	🛛 No
Sex	Are you sexually active?						C Yes	🛛 No
	If yes, are you trying for a	a pre	gnancy?				Yes	🛛 No
	If not trying for a pregnar	ncy, I	list contraceptive me	thod.				
	Any discomfort with inter	rcou	rse?				C Yes	🛛 No
	Do you have any concerr	ns re	garding sexual health	h you v	would like to discuss	?	C Yes	🛛 No

Personal Safety	Do you live alone?	C Yes	🛛 No
	Do you have frequent falls?	C Yes	🛛 No
	Do you have vision or hearing loss?	C Yes	🛛 No
	Do you have an Advance Directive or Living Will?	C Yes	🛛 No
	Would you like information on the preparation of these?	C Yes	🛛 No
	Physical and/or mental abuse have become major public health issues in this country. This often takes the form of verbally threatening behavior or actual physical or sexual abuse. Would you like to discuss this issue with your		
	provider?	Yes	🛛 No
	Do you wear seatbelts when driving or riding in a car?	C Yes	🛛 No
	Have you ever had your driving license suspended?	C Yes	🛛 No

FAMILY HEALTH HISTORY

	AGE	SIGNIFICANT HEALTH PROBLEMS		AGE	SIGNIFICANT HEALTH PROBLEMS
Father			Children	□ M □ F	
Mother				□ M □ F	
Sibling	□ M □ F			□ M □ F	
	□ M □ F			□ M □ F	
			Grandmother Maternal		
	□ M □ F		Grandfather Maternal		
	□ M □ F		Grandmother Paternal		
	□ M □ F		Grandfather Paternal		

MENTAL HEALTH

Is stress a major problem for y ou?	C Yes	🛛 No
Do you feel depressed?	C Yes	🛛 No
Do you feel helpless or hopeless?	C Yes	🛛 No
Do you panic when stressed?	C Yes	🛛 No
Do you have problems with eating or your appetite?	C Yes	🛛 No
Do you cry frequently?	C Yes	🛛 No
Have you ever attempted suicide?	C Yes	🛛 No
Have you ever seriously thought about hurting yourself?	C Yes	🛛 No
Do you have trouble sleeping?	C Yes	🛛 No
Have you ever been to a counselor?	C Yes	🛛 No
Have you often been bothered by feeling down, depressed or hopeless?	C Yes	🛛 No
Have you often been bothered by little interest or pleasure in doing things?	C Yes	🛛 No

EDUCATION AND OCCUPATION

Where were you born?

What is your highest level of education?

What is your employment status? (what was your last job?)

List some of your favorite hobbies:

WOMEN ONLY						
Age at onset of menstruation:	Period every _	days				
Number of pregnancies Numb	er of live births					
Heavy periods, irregularity, spotting, pain or disc	harge?		C Yes	🛛 No		
Are you pregnant or breastfeeding?			C Yes	🛛 No		
Have you had a D&C, Hysterectomy or Cesarean	?		C Yes	🛛 No		
Any urinary tract, bladder or kidney infections wi	thin the last year?		C Yes	🛛 No		
Any blood in your urine?			C Yes	🛛 No		
Any problems with control of urination?			C Yes	🛛 No		
Any hot flashes or sweating at night?			C Yes	🛛 No		
Do you have menstrual tension, pain, bloating, in	ritability, or other symptoms at or arou	nd your period?	C Yes	🛛 No		
Have you experienced any recent breast tenderness, lumps or nipple discharge?				🛛 No		
Date of your last pap and rectal exam.						
Have you ever had an abnormal pap? If yes, whe	en:					
Date of your last mammogram.						
Have you ever had an abnormal mammogram?						

MEN ONLY					
Do you usually get up to urinate during the night? If yes, # of times:	C Yes	No			
Any blood in your urine?	C Yes	🛛 No			
Do you feel burning discharge from penis?	C Yes	🛛 No			
Has the force of your urination decreased?	C Yes	🛛 No			
Have you had any kidney, bladder or prostate infections within the last 12 months?	C Yes	🛛 No			
Do you have any problems emptying your bladder completely?	C Yes	🛛 No			
Any difficulty with erection or ejaculation?					
Any testicle pain or swelling?					
Date of last prostate and rectal exam.					

OTHER PROBLEMS

Check if you have, or have had, any symptoms in the following areas to a significant degree and briefly explain.					
□ Skin	Chest/Heart	Recent changes in:			
Head/Neck	Back	U Weight			
Ears	Intestinal	Energy level			
□ Nose	Bladder	Ability to sleep			
Throat	Bowel	Other pain/discomfort			
Lungs	Circulation				



Financial Policy

Patient Name: Date of Birth:

Thank you for choosing Southern Oregon Internal Medicine for your health care needs. The following is a statement of our Financial Policy which we require you to read and sign prior to your visit with us. Please be sure to complete both pages.

REGARDING YOUR INSURANCE

It is not possible for a medical practice to become familiar with the details of every health insurance plan it encounters. It is the responsibility of the patient to be aware of what is covered and what is not covered by your insurance, and how much the patient responsibility for services will be. We will submit insurance claims as a courtesy to our patients with insurance, and will help you in every way possible to obtain your maximum insurance benefits. However, you are responsible for our charges. We ask that you pay any deductible, co-pay and balance owed at the time of service. Please remember that we can only estimate the amount to be paid by an insurance company as they make payments based on their fee schedule. Their fee schedules may differ from our charges. While we attempt to help you in every way possible to obtain your maximum allowable insurance benefits, the insurance contract is between you and your insurance company and does not replace your responsibility for your account. If your insurance company has not paid your claim within 45 days, we will ask you to pay the balance in full. We will not be calling your insurance prior to your visit to verify your coverage.

SECONDARY INSURANCE

Having more than one insurer does not necessarily mean that your services are covered at 100%. We may bill your secondary carrier as a courtesy. You are responsible for any balance after insurance(s) has cleared.

USUAL AND CUSTOMARY RATES

Our practice is committed to providing the best care for our patients and we charge what is usual and customary for our area. You are responsible for payment regardless of any insurance company's arbitrary determination of usual and customary rates.

Continued...

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Southern Oregon Internal Medicine 2900 Doctors Park Drive. Medford OR 97504 Phone: 541-282-2200 Fax: 541-282-2237 www.SOInternal.com A Rogue Valley Physicians, PC Clinic

FOR PATIENTS WITHOUT INSURANCE

We ask that our patients that do not have insurance pay at least ½ of their charges at the time of service. The remainder of this balance must be paid in 2 equal monthly payments. Special arrangements may be made with the advance approval of the billing department. Please let the receptionist know if you need to speak to our billing staff.

OREGON HEALTH PLAN PATIENTS

If you are an Oregon Health Plan/Medical Card patient, we require that you show your current medical card before each visit and that you are currently assigned to the appropriate physician. We will re-schedule your appointment if you fail to comply with this policy and do not present with your current card. We are unable to call your insurance prior to your visit to verify your coverage.

SERVICE CHARGES

A fee of \$25.00 will be assessed to your account for any check returned due to non-sufficient funds. A fee of \$20.00 may be assessed to your account for a missed appointment.

WE ACCEPT PERSONAL CHECKS, MONEY ORDERS, VISA, MASTERCARD, AMERICAN EXPRESS, DISCOVER AND CASH

Thank you for your attention to our financial policy. Please let us know if you have any questions or concerns.

I have read the Financial Policy. I understand and agree to the terms of this Policy. In addition, I authorize Southern Oregon Internal Medicine to release any medical information necessary to process a claim. I hereby assign payment directly to Rogue Valley Physicians, PC all payments due from my insurance company. I understand that I am financially responsible for the charges and should it become necessary to collect monies in court, all court costs and attorney fees are the responsibility of the patient.

Patient (or Legal Guardian) Signature

Date

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Southern Oregon Internal Medicine

2900 Doctors Park Drive Medford, OR 97504

Authorization to Release Medical Information

Patient:

Birth date:

I consent to the release of Medical Information (records):

To:

From: (Physician, Clinic, or Person Include phone &/or fax#)

2900 Doctors Park Drive Medford, OR 97504 Phone: (541) 282-2200 Fax: (541) 282-2260

Information to be released:

- Standard Problem List, Medication Summary, Progress Notes, Health History, Immunization Records, Letters, X-ray & Laboratory Reports. From Date: _____ To Date: _____ _____
- X-ray reports only. Date(s):
- Laboratory and Pathology reports only. Date(s):
- Other tests or studies (list type of test/study and date performed):
- Other (specify):

In addition to the general authorization to release medical records, I further authorize the release of the following information if it is contained in my medical record. * (Initial if release is authorized)

Drug and alcohol abuse

Information related to diagnosis/treatment of HIV.

Please note that a separate release is required for Behavioral Health Information.

Purpose of Disclosure:

This authorization is valid for six months after the date of signature. The authorization may be revoked any time (but not retroactive to a release of information made in good faith) by the undersigned if providing written notice of revocation.

Signature of patient or	legally authorized	representative
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Telephone Disclosure form

Patient Name (please print)_____ DOB:_____

Welcome to Southern Oregon Internal Medicine. We want to be sure we handle your personal medical information in a way that is acceptable to you. We appreciate your taking the time to fill out this form. If you have a special request, be sure to let your receptionist know.

It is okay to leave information on my answering machine: _____Yes _____No

Please indicate which medical information you authorize to be disclosed via the telephone from our office:

_____Appointments _____Pathology Results

Lab Results _____Prescription/Samples Information

EKG Results _____Mammogram Results (men may also need this...)

_____X-Ray Results

ALL OF THE ABOVE

It is okay to disclose my personal health information to the following the following individuals:

____Spouse (Name):

_____Significant Other (Name):

Family Members or Friends (Names):

____Caretaker (Name):

_____Do not disclose my health information to anyone

Patient Signature

Date

Thank you. If you need to get in touch with our office, remember that we may be busy serving other patients, but will make every effort to return calls from you within 24 business hours.