



Please be advised that completing preliminary health and insurance questionnaires does not establish a physician-patient relationship with this practice. The physician you selected will review your health history and conduct an initial evaluation to determine whether the practice will accept you as a patient.

To our patients:

In order to provide you with our full time and attention when you come for an appointment, we would like to ask you to be aware of the following guidelines.

Prescription Refills:

- We are implementing a new state of the art e-prescribing system. This works best if you **call your pharmacy directly for any prescription refills**, even if you have no refills left. The pharmacy will contact us directly to get approval for a refill or new prescription.
- Please plan ahead as most local pharmacies request **2-3 business days** to process prescription requests. Pharmacies will typically give you a 2-3 day supply of any non-narcotic medication if you run out without realizing it and you need time for the pharmacy to process the refill.
- For **mail order prescriptions, please contact your pharmacy via their 800 number or website**. Please be sure to contact your mail order pharmacy at least two weeks before you will need the refill. If it is necessary for us to complete forms for your mail order pharmacy, please give us three business days to complete the paperwork.
- Many drug plans will not cover brand name medications, or do so at a much higher cost. We are not always able to obtain prior authorizations for your medications. Generally, you can expect to receive generic medications or pay a higher cost if you prefer the brand name drugs.

Walk-in appointments:

- We almost always have same day appointments available for urgent needs. Please call ahead to schedule an appointment instead of arriving at our office and requesting to see the physician. Walk-ins impact our ability to see scheduled patients on time.

Test results:

- We will notify you regarding all lab results either at your appointment or by phone or mail.
- If you have not been contacted with your results two weeks after your appointment, please call our office to follow up.
- Pathology reports, pap smears, and bone density results may take up to four weeks. Please call our office if you have not been contacted after four weeks.
- Please note that if you request lab work prior to your annual appointment, your insurance may not pay for those labs.
- We are happy to provide you with your most recent lab or radiology reports. Please call ahead and we can have that ready for you at the front desk for pick up or mail results to you.



Copies of your medical record:

- If you would like a copy of your complete medical record, we will need a formal request from you, which must be completed in writing and signed by you or your authorized representative.
- Please allow **30 days for medical record requests**. There is a processing charge to release records to yourself. There is no charge to release records from one doctor to another.

Co-pays:

- Our contracts with the insurance companies require us to collect your co-payment prior to your seeing the physicians. Please be prepared to pay this when you arrive for your appointment.

Diagnostic testing:

- Your physician will generally have the report from any diagnostic testing 2 – 3 days following your test. The radiologist who reads the study will notify your physician if there are abnormal results that require immediate follow-up.
- Most CT scans require insurance pre-authorization if not emergent exam.
- MRI, PET, Nuclear Medicine, sleep studies, cardiac studies, and other diagnostic tests require insurance pre-authorization. You will be referred to outside facilities for these studies. We contact the imaging facility of your choice and they will contact you to schedule an appointment. If you have not been contacted after two weeks, please call our office to request assistance in getting your exam scheduled.

We appreciate you choosing Southern Oregon Internal Medicine for your health care needs.



Please fill in the following information completely (Please Print)

PATIENT INFORMATION:

TODAY'S DATE _____

NAME _____ NICKNAME _____
LAST FIRST MIDDLE

HAVE YOU EVER RECEIVED MEDICAL TREATMENT UNDER ANOTHER NAME: [] YES [] NO

IF YES, UNDER WHAT NAME? _____

SOCIAL SECURITY # _____ - _____ - _____ DATE OF BIRTH ____/____/____ GENDER _____

PHYSICAL ADDRESS _____
STREET ADDRESS CITY STATE ZIP

MAILING ADDRESS IF DIFFERENT THAN ABOVE _____
PO BOX CITY STATE ZIP

RACE: _____ LANGUAGE _____ HISPANIC OR LATINO [] YES [] NO

MARITAL STATUS (CIRCLE ONE) SINGLE MARRIED DIVORCED LEGALLY SEPARATED LIFE PARTNER WIDOWED

HOME PHONE _____ EMAIL _____ CELL PHONE _____

EMPLOYED: YES NO EMPLOYER _____ WORK PHONE _____

SPOUSE INFORMATION:

NAME _____ HOME PHONE: _____
LAST FIRST MIDDLE

DATE OF BIRTH ____/____/____ SOCIAL SECURITY # _____ - _____ - _____

EMPLOYER _____ WORK PHONE _____ OCCUPATION _____

INSURANCE INFORMATION -- PLEASE PRESENT CURRENT INSURANCE IDENTIFICATION CARD(S) TO RECEPTIONIST.

PRIMARY COVERAGE:

HEALTH INSURANCE: _____ Policy # _____ Group # _____

POLICY HOLDER'S NAME _____ DOB ____/____/____ SEX _____

EMPLOYER _____ RELATIONSHIP TO PATIENT _____

SECONDARY COVERAGE:

HEALTH INSURANCE: _____ Policy # _____ Group # _____

POLICY HOLDER'S NAME _____ DOB ____/____/____ SEX _____

EMPLOYER _____ RELATIONSHIP TO PATIENT _____

MEDICAL TREATMENT RESULTING FROM AN ACCIDENT (Please Complete Accident Report)

I AM RECEIVING MEDICAL TREATMENT AS A RESULT OF AN ACCIDENT: [] YES [] NO

IF YES, WHAT TYPE OF ACCIDENT? [] MOTOR VEHICLE [] WORK ACCIDENT [] OTHER _____

INFORMATION FOR PHYSICIAN:

EMERGENCY CONTACT: _____ PHONE: _____ RELATIONSHIP: _____

WHO IS YOUR PRIMARY CARE PHYSICIAN? _____ PHONE # _____ FAX# _____

HOW DID YOU HEAR OF OUR CLINIC? _____

IF SELF-REFERRED, HOW DID YOU CHOOSE US: [] OUR WEBSITE [] PHONE BOOK [] OTHER _____

Fernando Cendejas, M.D.
Southern Oregon Internal Medicine
2900 Doctors Park Drive
Medford, OR 97504
Phone: (541) 282-2223
Fax: (541) 282-2265

NEW PATIENT QUESTIONNAIRE

TODAY'S DATE: _____

PATIENT NAME: _____ **DOB:** _____

PATIENT PHONE NO: _____

INSURANCE: _____

How did patient hear about us? _____

Who was previous doctor? _____

Will records release be signed? _____

Reason patient wants to see us: _____

MEDICATIONS: _____

DOCTOR'S RESPONSE:

NEW PATIENT TYPE:

- _____ CPX
- _____ GYN
- _____ 15 MIN
- _____ 30 MIN
- _____ OTHER



Southern Oregon Internal Medicine
 Rogue Valley Physicians, P.C.
 Fernando Cendejas, MD

2900 Doctors Park Drive
 Medford, OR 97504
 Phone: (541) 282-2200
 Fax: (541) 282-2265

HISTORY AND PHYSICAL QUESTIONNAIRE

All questions contained in this questionnaire are strictly confidential and will become part of your medical record.

NAME _____ DATE OF BIRTH _____

CHIEF COMPLAINT _____

ALLERGIES TO DRUGS OR X-RAY DYES:

OTHER _____

DATE OF LAST:

Tetanus Inj. _____
 Pneumonia vaccine _____
 Mammogram _____
 Pap smear _____
 Colonoscopy _____

CURRENT MEDICATIONS:

OCCUPATION: _____

CURRENT CHRONIC ILLNESSES:

(Such as diabetes or high blood pressure)

HABITS:

Type:	Amount	Frequency
Tobacco	_____	_____
Alcohol	_____	_____
Marijuana	_____	_____
Hard drugs	_____	_____
Coffee/Tea	_____	_____
Other	_____	_____

HOSPITALIZATIONS:

(Surgery or illness)

Date

Hospital

Date	Hospital
_____	_____
_____	_____
_____	_____

PAST HISTORY *(Check all that apply)*

<input type="checkbox"/> Diabetes	<input type="checkbox"/> Venereal disease	<input type="checkbox"/> Stomach disease/ulcer
<input type="checkbox"/> High blood pressure	<input type="checkbox"/> Alcoholism	<input type="checkbox"/> Gallbladder disease
<input type="checkbox"/> Thyroid disease/goiter	<input type="checkbox"/> Heart disease	<input type="checkbox"/> Kidney disease/stones
<input type="checkbox"/> Cancer or leukemia	<input type="checkbox"/> Hepatitis	<input type="checkbox"/> Bladder problems
<input type="checkbox"/> Blood disease or anemia	<input type="checkbox"/> Lung disease	<input type="checkbox"/> Phlebitis/blood clots
<input type="checkbox"/> Arthritis	<input type="checkbox"/> Asthma	<input type="checkbox"/> Concussion
<input type="checkbox"/> Skin disease	<input type="checkbox"/> Pneumonia	<input type="checkbox"/> Seizures
<input type="checkbox"/> Hives	<input type="checkbox"/> Emphysema	<input type="checkbox"/> Psychiatric problems
<input type="checkbox"/> Rashes	<input type="checkbox"/> Tuberculosis	<input type="checkbox"/> Anxiety/depression
<input type="checkbox"/> Bronchitis	Other serious illness: _____	

FAMILY HISTORY

<input type="checkbox"/> Diabetes	<input type="checkbox"/> Heart disease	<input type="checkbox"/> Tuberculosis	<input type="checkbox"/> Epilepsy
<input type="checkbox"/> High blood pressure	<input type="checkbox"/> Asthma	<input type="checkbox"/> Cancer	Page 1

HISTORY AND PHYSICAL QUESTIONNAIRE

SYSTEMS REVIEW Please check all symptoms that currently apply.

General:

- Too hot or cold
- Poor appetite
- Always tired
- Trouble sleeping
- Lack of exercise
- Always thirsty
- Crying spells
- Depressed
- Anxiety or stress
- Hopeless outlook
- Lose temper often
- Considered suicide
- Weight loss or gain
- Sexual difficulty

Head and Neck:

- Frequent headaches
- Neck pains
- Lumps or swelling
- Difficulty swallowing

Eyes:

- Blurred vision
 - Seeing double or halos
 - Eye pain
 - Watering or itching
 - Wear eyeglasses
- Date of last eye exam:

Ears:

- Difficulty hearing
- Hearing aides
- Buzzing or ringing
- Earaches or drainage
- Frequent infections

Mouth:

- Dental problems
- Frequent sores
- Swelling or lumps
- Hoarse voice or sore throat

Comments:

Skin:

- Rashes or sores
- Change in mole
- Lumps or swelling
- Bleed or bruise easily
- Itching

Neurological:

- Seizures
- Numbness
- Tingling
- Trembling
- Fainting spells
- Change in handwriting

Cardiovascular:

- Chest pains
 - Dizziness
 - Racing heart
 - Shortness of breath
 - Swollen ankles
 - Leg cramps
 - Irregular pulse
 - Poor circulation
- Respiratory:**
- Wheezing
 - Frequent cough
 - Cough up phlegm or blood
 - Sit up to sleep
 - Trouble breathing

Digestive:

- Frequent indigestion
- Frequent belching
- Nausea or vomiting
- Spit up blood
- Constipation or diarrhea
- Black or gray stools
- Rectal pain or bleeding
- Change in stools

Urinary:

- Frequency or urgency
- Burning or pain
- Trouble starting
- Wet pants or bed
- Dark or bloody urine
- Nighttime urination

Male Genital:

- Lumps on testicles
- Painful testicles
- Prostate trouble
- Discharge
- Burning

Female Genital:

- Irregular periods
 - Abnormal bleeding
 - Vaginal discharge
 - Itching or odor
 - Severe cramping
 - Hot flashes
 - Menopause
 - Lumps in breast
 - Had a C-section
 - Had abortion
 - # of pregnancies
 - # living children
- Date last period: _____
- Date last pap: _____

Musculoskeletal:

- Joint pain
- Swollen joints
- Aching muscles
- Weakness
- Tingling
- Handicapped

Nose:

- Frequent nosebleeds
- Sinus problems
- Congestion



Southern Oregon Internal Medicine
A Rogue Valley Physicians, P.C. Clinic

Financial Policy

Patient Name: _____

Date of Birth: _____

Thank you for choosing Southern Oregon Internal Medicine for your health care needs. The following is a statement of our Financial Policy which we require you to read and sign prior to your visit with us. Please be sure to complete both pages.

REGARDING YOUR INSURANCE

It is not possible for a medical practice to become familiar with the details of every health insurance plan it encounters. It is the responsibility of the patient to be aware of what is covered and what is not covered by your insurance, and how much the patient responsibility for services will be. We will submit insurance claims as a courtesy to our patients with insurance, and will help you in every way possible to obtain your maximum insurance benefits. However, you are responsible for our charges. We ask that you pay any deductible, co-pay and balance owed at the time of service. Please remember that we can only estimate the amount to be paid by an insurance company as they make payments based on their fee schedule. Their fee schedules may differ from our charges. While we attempt to help you in every way possible to obtain your maximum allowable insurance benefits, the insurance contract is between you and your insurance company and does not replace your responsibility for your account. If your insurance company has not paid your claim within 45 days, we will ask you to pay the balance in full. We will not be calling your insurance prior to your visit to verify your coverage.

SECONDARY INSURANCE

Having more than one insurer does not necessarily mean that your services are covered at 100%. We may bill your secondary carrier as a courtesy. You are responsible for any balance after insurance(s) has cleared.

USUAL AND CUSTOMARY RATES

Our practice is committed to providing the best care for our patients and we charge what is usual and customary for our area. You are responsible for payment regardless of any insurance company's arbitrary determination of usual and customary rates.

Continued...

Page 1 of 2

FOR PATIENTS WITHOUT INSURANCE

We ask that our patients that do not have insurance pay at least ½ of their charges at the time of service. The remainder of this balance must be paid in 2 equal monthly payments. Special arrangements may be made with the advance approval of the billing department. Please let the receptionist know if you need to speak to our billing staff.

OREGON HEALTH PLAN PATIENTS

If you are an Oregon Health Plan/Medical Card patient, we require that you show your current medical card before each visit and that you are currently assigned to the appropriate physician. We will re-schedule your appointment if you fail to comply with this policy and do not present with your current card. We are unable to call your insurance prior to your visit to verify your coverage.

SERVICE CHARGES

A fee of \$25.00 will be assessed to your account for any check returned due to non-sufficient funds. A fee of \$20.00 may be assessed to your account for a missed appointment.

WE ACCEPT PERSONAL CHECKS, MONEY ORDERS, VISA, MASTERCARD, AMERICAN EXPRESS, DISCOVER AND CASH

Thank you for your attention to our financial policy. Please let us know if you have any questions or concerns.

I have read the Financial Policy. I understand and agree to the terms of this Policy. In addition, I authorize Southern Oregon Internal Medicine to release any medical information necessary to process a claim. I hereby assign payment directly to Rogue Valley Physicians, PC all payments due from my insurance company. I understand that I am financially responsible for the charges and should it become necessary to collect monies in court, all court costs and attorney fees are the responsibility of the patient.

Patient (or Legal Guardian) Signature

Date



Southern Oregon Internal Medicine

2900 Doctors Park Drive
Medford, OR 97504

Authorization to Release Medical Information

Patient: _____ Date of Birth: _____

I consent to the release of Medical Information (records):

To:	From: (Physician, Clinic, or Person) (Include phone and/or Fax #)
Fernando Cendejas, M.D	_____
2900 Doctors Park Drive	_____
Medford, OR 97504	_____
Phone: (541) 282-2223	_____
Fax: (541) 282-2265	_____

Information to be released:

- _____ Standard Problem List, Medication Summary, Progress Notes, Health History, Immunization Records, Letters, X-ray & Laboratory Reports. From **Date:** _____ To **Date:** _____
- _____ X-ray reports only. **Date(s):** _____
- _____ Laboratory and Pathology reports only. **Date(s):** _____
- _____ Other tests or studies (list type of test/study and date performed): _____
- _____ Other (specify): _____

In addition to the general authorization to release medical records, I further authorize the release of the following information if it is contained in my medical record. * (Initial if release is authorized)

- _____ Drug and alcohol abuse
- _____ Information related to diagnosis/treatment of HIV.

Please note that a separate release is required for Behavioral Health Information.

Purpose of Disclosure:

This authorization is valid for six months after the date of signature. The authorization may be revoked any time (but not retroactive to a release of information made in good faith) by the undersigned if providing written notice of revocation.

Signature of patient or legally authorized representative

Date



Telephone Disclosure form

Patient Name (please print) _____ DOB: _____

Welcome to Southern Oregon Internal Medicine. We want to be sure we handle your personal medical information in a way that is acceptable to you. We appreciate your taking the time to fill out this form. If you have a special request, be sure to let your receptionist know.

It is okay to leave information on my answering machine: ____ Yes ____ No

Please indicate which medical information you authorize to be disclosed via the telephone from our office:

- _____ Appointments
- _____ Lab Results
- _____ EKG Results
- _____ X-Ray Results
- _____ Pathology Results
- _____ Prescription/Samples Information
- _____ Mammogram Results (men may also need this...)
- _____ ALL OF THE ABOVE

It is okay to disclose my personal health information to the following the following individuals:

_____ Spouse (Name): _____

_____ Significant Other (Name): _____

_____ Family Members or Friends (Names): _____

_____ Caretaker (Name): _____

_____ Do not disclose my health information to anyone

Patient Signature

Date

Thank you. If you need to get in touch with our office, remember that we may be busy serving other patients, but will make every effort to return calls from you within 24 business hours.